April 2018 CVM Library Newsletter

Mississippi State University

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Featured Book of the Month

The Vitamins: Fundamental Aspects in Nutrition and Health

By Gerald F. Combs, Jr. and James P. McClung

*The Vitamins: Fundamental Aspects in Nutrition and Health, Fifth Edition,* provides the latest coverage of the biochemistry and physiology of vitamins and vitamin-like substances. Health-related themes present insights into the use of vitamins, not only for general nutritional balance, but also as a factor in the prevention and/or treatment of specific health issues, such as overall immunity, inflammatory diseases, obesity, and anemia. Readers will gain an understanding of the roles vitamins play in gene expression and epigenetics, providing important information on the further development of personalized medical treatments that will also allow them to establish appropriate dietary programs based on individual genetic profiles. This cohesive, well-organized presentation of each vitamin includes key words, case studies, and coverage of the metabolic functions of appropriate vitamins.
Workshops

Teaching with Primary Sources
April 4, 3 pm
Materials used in this workshop will be drawn from the University Archives, Rare Books, Manuscripts, and Mississippiana Divisions of Special Collections.

Microsoft Excel Formulas
April 5, 1 pm & 3 pm (online)
This workshop will show you the most commonly used Microsoft Excel formulas and their functions.

Creating Electronic Forms
April 6, 11 am
Learn how to easily use Microsoft Excel to Create electronic forms.

Publisher for Professionals
April 20, 11 am
Microsoft Publisher is a desktop publishing program. Users can use this copy and layout program to design programs, posters, banners, brochures, flyers, or business cards.

The Power of PowerPoint
April 27, 11 am
In this workshop you will learn how powerful Microsoft PowerPoint can be in catapulting your professional career. Incorporating good design elements, audio, and video, and using professional images and animation will make your presentation be a standout.

Special Printing
Need a poster or banner printed for your presentation? The Digital Media Center can help. The Digital Media Center at the Mitchell Memorial Library offers printing in color or black and white on a variety of paper sizes and types. Check out the printing costs or place your order here.
Questions or Suggestions?

- Email us at cvmlibrary@cvm.msstate.edu, call 662-325-1256 or visit the CVM Library webpage.

Monday – Thursday 7 AM – 11 PM
   Friday 7 AM – 5 PM
   Saturday 10 AM – 6 PM
   Sunday 2 PM – 10 PM

PLEASE REMEMBER TO ENJOY YOUR FOOD BEFORE ENTERING THE CVM LIBRARY. DRINKS WITH LIDS ARE OK.