

1-1-2008

## The effects of low atmosphere stunning and deboning time on broiler breast meat quality

Vamsidhar Battula

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THE EFFECTS OF LOW ATMOSPHERE STUNNING AND  
DEBONING TIME ON BROILER BREAST MEAT QUALITY

By

Vamsidhar Battula

A Thesis  
Submitted to the Faculty of  
Mississippi State University  
in Partial Fulfillment of the Requirements  
for the Degree of Master of Science  
in Food Science and Technology  
in the Department of Food Science, Nutrition and Health Promotion

Mississippi State, Mississippi

December 2008

THE EFFECTS OF LOW ATMOSPHERE STUNNING AND  
DEBONING TIME ON BROILER BREAST MEAT QUALITY

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Title of Study: THE EFFECTS OF LOW ATMOSPHERE STUNNING AND  
DEBONING TIME ON BROILER BREAST MEAT QUALITY

Pages in Study: 76

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A randomized complete block design with three replications (n=432, 72 broilers per treatment) was utilized to evaluate the effects of electrical (ES) and low atmosphere pressure stunning (LAPS) on the quality of broiler breast meat deboned at 0.75, 2, and 4 h postmortem. The L\* values were lower ( $P<0.05$ ) for LAPS than ES at 4 h and 2 h deboning times. Shear force did not differ ( $P>0.05$ ) between stun methods but decreased ( $P<0.05$ ) as deboning time increased. Consumers were clustered into 8 groups based on preference and liking of samples. Sixty-five percent of consumers (3 clusters) liked all broiler breast treatments. Within these three clusters, some consumers preferred ( $P<0.05$ ) 4 h deboned samples over those deboned at 2 h (Cluster 7), and other consumers preferred ( $P<0.05$ ) those deboned at 2 h over 4 h samples (Cluster 6). Data

reveals that both stunning methods provide high quality breast meat with minimal product differences.

## DEDICATION

I would like to dedicate this thesis to my late brother, Rajanisekhar. Battula, whose discipline, courage and conviction always inspire me.

## ACKNOWLEDGEMENTS

I wish to take this opportunity to express my deep sense of gratitude to Dr. Schilling, my mentor for his help in my transit to Mississippi State University, for his expertise, kindness, and most of all for his patience to my many, many mistakes. Thank you Dr. Schilling for supporting me not only by providing a research assistantship during my course of study, but also academically and emotionally through the rough road to finish this thesis. I would have been lost without you. I know of no advisor as dedicated and committed to his students as you. My deepest admiration and sincere feelings of gratitude are due to Dr. Vizzier Thaxton and Dr. Schmidt for their concern and friendly help in making my oral presentation successful at the International Poultry Scientific Forum in Atlanta, Georgia. I owe my most sincere gratitude to Dr. Byron Williams and Dr. Behrends for their detailed review, constructive criticism and excellent advice during the preparation of this thesis. A very special thanks to Mrs. Vi Jackson for her invaluable help with the final language editing of my thesis and her kindness. My keen appreciation goes to Vijay Kumar Radhakrishnan for his help on many occasions, his valuable assistance in the field. Without his help, the field work would not have been accomplished in time. The informal support and encouragement of Alessandra Julian Pham (Sandy) has been indispensable. Many thanks to Sovann Kim for his valuable contribution to the final copy of thesis. Much respect to my colleagues

Vimal Kamadia and Raman Sekhon-Grewal for putting up with me for almost two years. The encouragement of Dr. Youngmo Yoon is gratefully remembered. I wish to thank all my friends for helping me get through the difficult times, and for all the emotional support, entertainment, and caring they provided. Vijaya Krishna (VK), Mukhesh, Aditya (Sami), and Madhukar deserve special mention. I express my sincere thanks to all the staff of the Garrison Sensory Laboratory for allowing me to conduct consumer sensory panels. I wish to extend my warmest thanks to all those who have helped me with my work in the Department of Food Science, Nutrition and Health Promotion.

I cannot end without thanking my family, on whose constant encouragement and love I rely throughout my life. I would like to thank my grand mother, Venkamma whose love is boundless. I owe my loving thanks to my father Sri. Venkateswarlu who missed me a lot due to my research abroad. I wish to express my love, affection and gratitude to my mother Smt B. Vijayalakshmi. I would like to thank her for all she is, and all she has done for me. I would especially like to thank my beloved wife, Sushma, for supporting me throughout this entire process and for giving me a son, Manaswin Sekhar, who has provided me with that extra bit of inspiration when I really needed it.

I want to express my heartfelt gratitude to God for the wisdom and perseverance that he has bestowed upon me during this research project. Lastly, thank you to anyone else that I may have forgotten that lent support, knowledge, or encouragement along the way.



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## CHAPTER I

### INTRODUCTION

In recent years, animal stunning has been primarily viewed from an animal welfare perspective as a means to minimize the pain and suffering associated with slaughter, which should produce a rapid onset of stress-free insensibility of sufficient duration to keep the animal unconscious until harvested (Fletcher, 1999). Poultry stunning includes methods that immobilize the broilers for the harvesting machine, provides a uniform heart beat for efficient exsanguination, and relaxes the feather follicles for easier picking (Fanatico, 2003). Stunning, neck cutting (exsanguination), and bleeding operations are inseparable and interrelated steps in the harvesting process (Bilgili, 1999), and relationships exist between stunning method, exsanguination, muscle metabolism, and broiler meat quality (Fanatico, 2003).

Stunning prior to harvest can be accomplished using chemical, mechanical, low atmosphere pressure (LAPS), or electrical means (Fletcher, 1999). Low atmospheric pressures in the range of 0.2-0.3 atm are created in order to stun broilers when the LAPS system is used. To date, there is minimal information published regarding the effects of LAPS on poultry welfare and meat quality. Purswell *et al.* (2007) recently reported that LAPS appeared to be an effective method for humane stunning and exsanguination of broilers. In addition, it has been reported that low atmosphere pressure stunning has been

approved in Europe for use in farmed game species such as partridge, pheasant, and quail (European Commission, 2003), but there is no additional published information regarding this stunning method available. Electrical stunning is the most commonly utilized method for immobilizing poultry prior to harvest in commercial poultry plants (Goksoy *et al.*, 1999). The effectiveness of an electrical stunning system is dependent on electrical variables (i.e., current, voltage, wave form, frequency and duration) and biological factors that affect bird impedance (i.e., size, weight, sex, and feather cover; Kettlewell and Hallworth, 1990). Electrical stunning reduces struggle and convulsions during harvest and subsequently reduces carcass damage associated with convulsions (Fletcher, 1999). However, electrical stunning has been shown to cause meat quality defects such as wing hemorrhages, red skin conditions, red wing tips, broken bones, and blood blemishes in breast muscle (Bilgili, 1992; Lambooj *et al.*, 1999; Wilkins *et al.*, 1999). During electrical stunning, broilers may defecate, fling their claws into the broilers around them, and inhale contaminated water that leads to carcass contamination and carcass down grades (Gregory and Whittington, 1992). To eliminate these problems, controlled atmosphere harvesting systems, such as gas stunning techniques, have been developed. The induction of unconsciousness with gas is rapid and requires less exposure time for broilers. Since the broilers are dead by the time they are shackled, controlled atmosphere stunning can result in improved product quality and yield by eliminating the risk of broken bones, bruising, and hemorrhaging. Researchers have reported that stunning of broilers with a gas mixture improves the quality of broiler breast meat when compared to electrical stunning (Raj, 1998, Raj *et al.*, 1997). Research needs to be conducted to

determine if similar results are present when low atmosphere pressure stunning is utilized.

Researchers have reported significant relationships between ultimate pH and poultry meat quality (Fletcher, 1999; Van Laack *et al.*, 2000). The rate and extent of postmortem pH decline are two major factors that affect many properties of meat including objective color, water holding capacity (WHC), protein solubility and rate of microbial spoilage (Bendall, 1973; Cornforth, 1994). Antemortem stress and postmortem lactic acid production along with protein denaturation while the muscle temperature is still elevated, results in meat quality defects such as poor texture, decreased WHC, decreased juiciness, and increased incidence of pale, soft and exudative (PSE) meat (Solomon *et al.*, 1998; Sosnicki *et al.*, 1998; McKee and Sams, 1998).

Two approaches have been developed to avoid meat quality problems associated with color, WHC and tenderness: accelerated processing based on electrical stimulation of the carcasses (Zocchi and Sams, 1999) and the introduction of aging times into the process. The period of time between harvest and deboning (aging) in broiler processing is important since it contributes to meat tenderness (Schilling *et al.*, 2003). Short aging, such as early deboning, results in an increase in toughness, which is a highly undesirable trait for broiler meat (Lyon *et al.*, 1985). Poultry processing plants currently age broilers on the carcass for 4 to 7 h to ensure that broiler breast meat is tender (Sams, 1999; Lyon and Lyon, 1990a; Schilling *et al.*, 2003). Many technologies, including electrical stimulation (Maki and Froning, 1987; Sams *et al.*, 1989), wing restraints or tensioning (Birkhold *et al.*, 1992; Birkhold and Sams, 1993), marination (Young and Lyon, 1997), post-chill flattening or extended holding of deboned breasts (Lyon *et al.*, 1992) have been

devised to minimize the need for post-mortem aging. Since limited research has been conducted regarding the effects of low atmosphere pressure stunning on meat quality, this study was designed to determine if electrical and low atmosphere pressure stunning vary in their effects on the tenderness, color, pH, pH decline, and sensory acceptability of broiler breast muscle deboned at various times post mortem.



## CHAPTER II

### LITERATURE REVIEW

#### **Poultry Welfare**

Knowles and Broom (1990) have defined welfare as a wide term that embraces both the physical and mental well being of the animal. Humane slaughter laws for food animals are designed to ensure that animals are killed quickly, painlessly, and without suffering (Raj, 1998). The Humane Methods of Slaughter Act (1958) mandates the use of humane methods for pre-slaughter immobilization of all livestock under USDA (United States Department of Agriculture) inspection. The law also dictates that animals must be made insensible to pain prior to bleeding (Bilgili, 1992). The United States Department of Agriculture Poultry Inspection Regulations state that poultry should be slaughtered in accordance with good commercial practices that will result in thorough bleeding of the carcasses and assure that breathing has stopped prior to scalding (Poultry Inspection Regulations, 1984). Studies have reported that as many as one-third of the broilers that pass through electrical stunners in Europe may be improperly stunned, which is of great concern from a welfare point of view (Raj, 1998, Schutt-Abraham *et al.*, 1983). A survey showed that on average, 43% of all broilers received pre stun electric shocks under commercial processing conditions (Wotton and Gregory, 1991). It has also been reported that broilers exposed to CO<sub>2</sub> stunning could experience unpleasant sensations during the

inhalation of CO<sub>2</sub> that leads to breathlessness prior to the loss of consciousness (Raj, 1998).

Increased automation of handling procedures may be one way to reduce physical damage and stress in broilers (Mitchell *et al.*, 1994, Nicol and Scott, 1990). Bruising, broken bones, dehydration, torn skin, and thermal stress are various poultry welfare concerns that can occur during catching, transportation and unloading (Bremner and Johnston, 1990).

Human contact is a common stressor for broilers, especially during preslaughter activities (Kenan and Fidan, 2006). Handling of broilers prior to slaughter is a stressor, and exposing chickens to an unfamiliar environment is likely to elicit stress reactions (Zulkifli and Sti Nor Azah, 2004; Nicol and Scott, 1990; Kannan and Mench, 1997; Rushen *et al.*, 1999). Tonic immobility is a method that has been used to measure the amount of stress in broilers (Benoff and Siegel, 1976; Jones, 1992). Tonic immobility is an anti-predator behavior shown in chickens when caught by a predator (Kenan and Fidan, 2006). The duration of tonic immobility is positively correlated to stress levels that are determined by the serum corticosterone level (Lin *et al.*, 2006). Zulkifli and Sti Nor Azah (2004) reported that regular handling reduced tonic immobility reactions in broilers, which indicates reduced stress. These researchers also reported that tactile contact by humans may result in improved growth performance in broilers.

In broilers, approximately 40% of bruises are caused during the catching and crating process, and this process may also lead to broilers that are dead on arrival (DOA) at poultry processing plants (Griffiths, 1985). During commercial poultry processing, up to 0.57% of broilers are dead on arrival (Bingham, 1986; Bayliss and Hinton, 1990;

Gregory and Austin, 1992; Warriss *et al.*, 1992; Ekstrand, 1998; Nijdam *et al.*, 2004), and up to 25% of broiler carcass are bruised (Farsaie *et al.*, 1983; Ekstrand, 1998; Nijdam *et al.*, 2004). Ambient temperature, catching company, number of broilers in the flock, mean body weight, mean compartment stocking density, transport time and lairage time are all associated with DOA percentage (Nijdam *et al.*, 2004). Season of year, method of transport, and ambient temperature are associated with the percentage of broilers with bruises (Nijdam *et al.*, 2004).

### **Environmental Stress**

Elevated concentrations of serum corticosterone functions as an indicator of physiological stress in broiler chickens (Kenan and Fidan, 2006). It has been reported that catching and crating can induce a stress response. The mean plasma corticosterone concentrations increase by 75% at the start of catching and increase by 115% after transport, shackling, and stunning (Nijdam *et al.*, 2005). Handling of broilers in an inverted position also leads to increased plasma corticosterone concentrations (Kannan and Mench, 1996) and prolonged tonic immobility (Jones, 1992). Preslaughter stress that occurs due to the handling of broilers can cause increased production, and use of epinephrine and glucocorticoids, which can negatively affect meat quality (Lawrie, 1966). Preslaughter feed withdrawal can lead to metabolic exhaustion, (Nijdam *et al.*, 2004), decreased muscle glycogen reserves (Sams and Mills, 1993; Kotula and Wang, 1994; Edwards *et al.*, 1999; Nijdam *et al.*, 2004) and may also affect meat color (Smith *et al.*, 2002). Increased transport times increase broiler stress responses (Freeman *et al.*, 1984; Mitchell *et al.*, 1992; Warriss *et al.*, 1999), decrease breast muscle glycogen levels

and decrease the extent of postmortem pH decline in muscle (Lambooij, 1999; Warriss *et al.*, 1999; Debut *et al.*, 2003). Acute heat stress prior to slaughter induces a lower ultimate pH (Holm and Fletcher, 1997; Sandercock *et al.*, 1999), reduces water holding capacity (Sandercock *et al.*, 1999; Petracci *et al.*, 2001) as well as increases toughness in broiler breast meat (Froning *et al.*, 1978; Holm and Fletcher, 1997; Petracci *et al.*, 2001).

The broiler's pre-slaughter environment, muscle physiology, and experience at the processing plant all impact the quality of the resulting meat (Sams, 1999). Catching, transportation, unloading, and hanging can reduce quality and yield of broiler breast meat if performed improperly (Sams, 1999). During growth, and especially during transport to processing plants, broilers are exposed to a variety of stressors such as heat, fasting, noise, social disruption, and withdrawal of water (Mitchell and Kettlewell, 1998). These stressors affect the post-mortem metabolism of muscle and subsequent meat quality (Holm and Fletcher, 1997). These stressors can cause adverse effects on the broilers that may range from mild discomfort to death (Knowles and Broom, 1990; Nicol and Scott, 1990; Weeks and Nicol, 2000). Careful bird handling has been reported as a crucial factor that can reduce mortality and carcass defects, such as hemorrhages, bruises, and broken bones (Warris *et al.*, 1992; Barbut, 2002; Nijdam *et al.*, 2004). Selye (1950) reported that broilers exposed to stressors such as heat, cold, or fatigue always display increased hormone secretion which alters liver and muscle glycogen levels that negatively affects post-mortem muscle quality. Lee *et al.* (1976) reported that meat from broilers that were heat-stressed at 38°C was less tender than meat from broilers in cooler seasons. Wood and Richards (1975) showed that heat stress tends to hasten the rate of post-mortem glycolysis. During summer months, high antemortem temperatures can affect muscle

acidification, or rigor development, and subsequent meat quality via adrenal or other physiological responses or simply by fatigue of the broilers (Lambooij, 1999; Warriss *et al.*, 1999). Cold stress studies by Wood and Richards (1975) at 2°C showed an increase in shear values of broiler breast meat. Temperature extremes have been proven to be stressors for broilers. When exposed to stress, epinephrine is released from the adrenal medulla causing the passage of potassium from muscle to the blood and the breakdown of liver and muscle glycogen to glucose and lactic acid (Lawrie, 1966). This increased release of epinephrine and glucocorticoids affects the post mortem metabolism and inherent meat quality, which often leads to tougher meat. (Hedrick, 1965; Marple and Cassens, 1973).

There is an increased probability that some broilers will suffer thermal stress during transportation (Bayliss and Hinton, 1990; Mitchell and Kettlewell, 1998; Warriss *et al.*, 1999). It has been reported that preslaughter heat stress accelerates rigor mortis development, reduces water holding capacity, and increases the incidence of paleness in poultry meat (Northcutt *et al.*, 1994; McKee and Sams, 1997b). Transportation stress has also been reported to reduce tenderness and increase lightness in broiler meat (Ehinger, 1977; Cashman *et al.*, 1989). Kannan *et al.* (1997) observed that crating broilers for 1 h produces lighter colored breast meat than crating for 3 h. These authors also reported that providing the broilers a 4 h rest period between transport and slaughter reduced plasma concentrations of corticosterone. This reduction in corticosterone concentration is attributed to holding broilers for 4 h in a dark quiet place after transport reduces the stress response. Moran and Bilgili (1995) reported that broilers transported before slaughter had

a lower incidence of carcass bruising, because the level of physical activity is reduced due to the fatigue caused by transportation.

### **Stunning**

Stunning was originally performed as a method of animal immobilization to allow easier and safer manipulation of the animal for efficient cutting of blood vessels in the neck (Fletcher, 1999). A good stun instantaneously induces a state of unconsciousness and insensibility to pain that lasts until the death of the animal, immobilizes the animal for easier exsanguination by exsanguination, and does not have a negative effect on meat quality (Savenije *et al.*, 2002). Bruising, discolorations, and broken or dislocated bones are the primary defects often attributed to the stunning-exsanguination stage of slaughter (Bilgili, 1992).

Stunning prior to exsanguination can be accomplished using chemical, mechanical, or electrical means (Fletcher, 1999). Chemical stunning can be accomplished through gas stunning with carbon dioxide, argon, or nitrogen. Mechanical stunning is accomplished by brain sticking or concussion (Fletcher, 1999). Electrical stunning prior to slaughter is the most common method used prior to slaughter in commercial poultry plants in the United States (Bilgili, 1999 and Goksoy *et al.*, 1999). Electrical stunning is accomplished by passing a sufficient amount of electrical current through the central nervous system of broilers for a given amount of time (Bilgili, 1992). Heath *et al.* (1994) reported that more than 97% of all poultry were subjected to electrical stunning in the United States in the early 1990s. Among the five types of electrical stunning systems that are available (Gregory, 1989), the most common system is electrical water bath stunning

(Bilgili, 1992). Electricity is convenient, economical and requires minimal operating space. Electrical stimulation is variable with respect to magnitude (current and voltage), duration (length of water bath and line speed), oscillation frequency, waveform, current direction, and energy (Kranen *et al.*, 2000). This method of stunning causes depolarization of neurons in the brain, which results in brain function disturbances in the form of a general epileptiform insult. Upon electrical stunning, the animal may die due to heart attack and loss of oxygen to the brain (Turcsan *et al.*, 2003). Insufficient currents may physically immobilize the bird but may not prevent perception of pain, stress or discomfort by the broiler (Bilgili, 1999). From the welfare point of view, the minimum current required per bird in the water bath stunner can be determined using three criteria: 1) Induction of epileptic activity in the brain, 2) abolition of somatosensory evoked potentials (SEP) in the brain, and 3) induction of cardiac arrest at stunning (Raj, 1998).

Electrical stunning is normally used to induce unconsciousness during neck cutting and bleeding for reasons of animal welfare in the European Union (EU) or to induce immobilization to facilitate automatic neck cutting in the U.S. (Lambooij *et al.*, 1999). Application of high voltage stunning has been associated with broken bones (Gregory and Wilkins, 1989), exploded or damaged viscera, bruised wing joints and red wing tips (Heath, 1984), hemorrhages on the breast meat (Veerkamp and de Vries, 1983; Veerkamp, 1988), split wishbones and separation of shoulder muscle tendons (Sams, 1996). Although there is no clear relationship between stunning current and traditional whole carcass quality attributes (Griffiths, 1985; Bilgili, 1992), hemorrhages on deep breast muscles of broilers have been shown to increase with high stunning currents (Veerkamp, 1988; Gregory and Wilkins, 1989). High stunning voltages have been linked

with an increased incidence of red wing tips and tails (Veerkamp and de Vries, 1983) and broken bones (Walther, 1991). Low voltage electrical stunning systems are an effective method for immobilizing broilers (Bilgili, 1999). Heath *et al.* (1994) reported that low voltage (10 to 25V) and high frequency (500 Hz) systems are used in 77.4% of U.S poultry plants. Low voltage electrical stunning can decrease the incidence of carcass quality damage and hemorrhaging that is associated with high voltage electrical stunning. However, a bird can regain consciousness if not slaughtered within approximately 2 min of stunning. Low voltage electrical stunning has been shown to negatively affect early blood loss but does not affect total blood loss after the 90 to 120 second exsanguination period (Gregory, 1993; Papinaho and Fletcher, 1995). While comparing the results of high and low frequency currents on stunning, Craig and Fletcher (1997) observed that high frequency (500Hz) currents affect the Central Nervous System more than the muscular system as compared to low frequency (50 to 60 Hz), which may have a greater affect on the muscular system. So high frequency current is always associated with low muscular damage. In the European Union, it has been recommended that the minimum stunning current for broilers should be 120 mA, so as to induce cardiac arrest in 90% of broilers, such that they will not regain consciousness during exsanguination (Gregory, 1992). But these high currents can cause muscle contractions that lead to damage to muscle fibers and subsequent hemorrhaging in muscle tissue. (Gregory and Wilkins, 1989; Hillebrand *et al.*, 1996a; Kranen *et al.*, 1998). Hemorrhaging is due to the sharp increase in blood pressure, especially in the veins (Kranen *et al.*, 2000). As a result, blood vessels may rupture and cause bleeding. Poole and Fletcher (1999) reported that Modified Atmosphere Stunning-Killing (MASK) and low voltage (LV) systems are



similar in their effects on rigor development and ultimate meat quality but the use of a MASK system may not allow for earlier deboning of broiler breast meat when compared to conventional LV electrical stunning.

However, there are some problems associated with electrical stunning (Raj, 1998): 1) Electrical water bath stunning systems require the uncrating and shackling of live broilers prior to stunning. These handling procedures impose a considerable amount of stress on the broilers 2) Prestunning electric shocks can occur if the broiler's wings make contact with the water bath before their heads do 3) A practical problem with the conventional electric water bath stunning system is that the electrical impedance varies considerably between broilers so it is not always possible to deliver the current required to induce cardiac arrest in each individual bird using a constant voltage stunner.

Captive bolt stunning, either penetrative or nonpenetrative, has some advantages in poultry processing (Goksoy *et al.*, 1999). Concussion (penetrative captive bolt stunning) is induced by rapid acceleration of the head, causing movement of the brain relative to the cranium (*commatio cerebri*). If acceleration is sufficiently severe, extensive tissue damage will occur, and brain function will be irreversibly impaired (Goksoy *et al.*, 1999). A modified captive bolt stunning method for broilers has been developed in which air pressure is used to prevent convulsions. Air pressure stunning reduced post-stun convulsions to less than 15% of the level of convulsions observed after original captive bolt stunning of broilers (Hillebrand *et al.*, 1996b). Lambooij *et al.* (1999) reported that the fillets from air pressure stunned broilers were more tender than the fillets from electrically stunned broilers and the incidence of hemorrhaging and pectoral bone fractures were lower in air pressure stunning when compared to electrical

stunning. Concussion stunned broilers (penetrative captive bolt stunning) had fewer broken or dislocated bones and fewer hemorrhages than broilers that were stunned with high electrical currents (EU method), resulting in improved carcass and meat quality (Goksoy *et al.*, 1999). This occurs because convulsions are mostly mild to moderate and consist of muscle fibrillation with captive needle/air pressure stunning, rather than wing flapping that may occur with electrical stunning (Lambooij *et al.*, 1999). Clonic convulsions that were observed after mechanical stunning methods were generated by the brain or spinal cord and may be milder. This may cause less muscle hemorrhaging, than the tonic muscle contractions induced by direct stimulation during electrical whole body stunning (Lambooij *et al.*, 1999). Where as Raj *et al.* (1992) observed that tetanic convulsions that occur during EU electrical stunning had a detrimental effect on breast muscle. Super contractions during EU electrical stunning ruptured blood vessels, causing a high incidence of breast muscle hemorrhages (Hillebrand *et al.*, 1996b). EU electrical stunning delays post mortem glycolysis or reduces early lactic acid accumulation because of the suppression of perimortem struggle (Papinaho *et al.*, 1995). One advantage of captive bolt stunning is an earlier onset of rigor that leads to enhanced meat tenderization, which would allow earlier deboning and decrease the amount of chiller space that is needed (Goksoy *et al.*, 1999).

Gas stunning or controlled atmospheric stunning involves controlled changes in the gaseous atmosphere surrounding a broiler such that the broiler loses consciousness due to lack of oxygen (anoxia), excess of CO<sub>2</sub> (hypercapnic hypoxia), a combination of these two methods (hypercapnic anoxia) (Hoen and Lankhaar, 1999), use of oxygen with inert gases such as nitrogen or argon (Hypercapnic hyper oxygenation) or by atmospheric

depressurization (low atmosphere pressure stunning). Even though these methods are effective and yield good quality meat, an increased level of CO<sub>2</sub> in combination with a lack of oxygen may cause excitation or convulsions in the broilers (Turcsan *et al.*, 2001). The stunning gas or gas mixture should not be aversive to the broilers, and the induction of anesthesia should be rapid (Raj, 1998). Carbon dioxide causes anesthetic response in broilers by reducing the pH of the cerebrospinal fluid (Eisele *et al.*, 1967). Several authors have indicated advantages of stunning using gases. These methods affect the central nervous system and do not paralyze the musculature, especially the heart musculature, thus allowing better bleeding (Lindholst, 1991); by using these methods, carcass damage can be reduced due to elimination of muscular contracture. In addition, pain is eliminated, and rigor mortis is accelerated (Raj *et al.*, 1990a; Raj *et al.*, 1997). Stunning and exsanguination by gas is effective at improving meat quality by reducing bloodspots, especially those on the thighs and breasts, and improving tenderness when compared to electrical stunning (Hoen and Lankhaar, 1999). Other benefits are improved working conditions in the hanging area of the abattoir (Contreras and Beraquet, 2001) and reduction in preslaughter stress (Contreras and Beraquet, 2001) by eliminating the stress that is associated with shackling of live broilers during electrical stunning (Lambooij *et al.*, 1999; Gerritzen *et al.*, 2000). Gas stunning is also useful in processing a variety of bird types when compared to electrical stunning, since it can be difficult to alter an electrical stunning method for different species (Fanatico, 2003).

A potential problem with gas stunning is that broilers tend to regain consciousness rapidly on exit from the gaseous atmosphere (Raj, 1998). To avoid this problem Raj and Gregory (1990b) recommended that the broilers should be killed during stunning to

prevent the broilers from regaining consciousness and to allow for easier handling. Gas stunning, primarily with CO<sub>2</sub>, has been successfully used in pork slaughter for many years and has been investigated for possible uses in the poultry industry since the 1950s (Drewniak *et al.*, 1955; Kotula *et al.*, 1957). Kotula *et al.* (1961) developed an inline CO<sub>2</sub> immobilization system for chickens by using 33 to 36% CO<sub>2</sub>. Researchers have reported that stunning with CO<sub>2</sub> resulted in increased blood loss (Kotula *et al.*, 1957), a lower incidence of muscle hemorrhaging and broken bones (Raj *et al.*, 1990b), and improved meat tenderness when levels of 40 and 45% of CO<sub>2</sub> were used (Raj *et al.*, 1990a; Fleming *et al.*, 1991). Raj and Gregory (1991) reported that gas stunning could result in improved meat quality of early deboned carcasses. In one experiment, Raj *et al.* (1990c) concluded that argon stunning resulted in fewer muscle hemorrhages, a more rapid decrease in early post mortem pH and more tender breast meat when compared to electrically stunned broilers. Kang and Sams (1999) reported a lower incidence of carcass damage in broilers that were stunned with CO<sub>2</sub> and attributed this to the broilers being calmer when stunned with a gas. Poole and Fletcher (1998) concluded that stunning of broilers with 30% carbon dioxide and up to 5% residual oxygen in argon improved the quality of breast meat when compared to electrical stunned broilers because the convulsions during gas stunning were milder and thus caused less muscle hemorrhaging than the muscle contractions induced by direct stimulation during electrical stunning (Turcsan *et al.*, 2001). Sams and Dzuik (1995) reported no difference in shear values for breast fillets from broilers receiving no stun or CO<sub>2</sub> stun.

When compared to electrical stunning, CO<sub>2</sub> stunning has been reported to produce lower breast meat shear values at 1 h post-mortem than electrical stunning (Veeramuthu

and Sams, 1993) where as Hirschler and Sams (1993), from the same laboratory, reported that CO<sub>2</sub> stunning resulted in no differences in blood loss, pH, or shear force of the broiler breast meat deboned at 1 or 24 h postmortem when compared to electrical stunning. Carbon dioxide stunning accelerates rigor development, as indicated by a more rapid early postmortem pH decline than that which occurs with electrical stunning, which reduces the length of aging time necessary to ensure meat tenderness (Raj, 1994). This accelerated rigor development could be explained by the increased anoxic convulsions (increased wing flapping) observed in CO<sub>2</sub> stunned broilers, which causes increased utilization of adenosine triphosphate (ATP) by the muscles when compared with electrically stunned broilers. Even though gas stunning has some advantages over electrical stunning in respect to meat quality, there are some distinct disadvantages: 1) Gaseous stunning involves an induction phase that can be stressful to the broilers (Lambooij *et al.*, 1999). 2) Carbon dioxide is acidic in nature and is pungent to inhale. It is a potent respiratory stimulant that can cause breathlessness before the loss of consciousness (Raj, 1998). 3) Some gases are dangerous to humans. Inhalation of 30% carbon dioxide by humans causes a low level of pungency and breathlessness (Gregory *et al.*, 1990). 4) Gas stunning causes a reduction in pluckability and affects meat color (Uijttenboogaart, 1997). 5) Gas stunning is expensive (Fanatico, 2003). The profit gained from the slight improvement in the meat quality does not seem to be enough of an incentive to cover the high price of controlled atmospheric stunners (Turcsan *et al.*, 2001). Due to these disadvantages, gas stunning is not commonly used in the poultry industry.

Unlike other methods of modified atmosphere stunning, vacuum (low atmosphere) stunning does not displace oxygen with another gas or use CO<sub>2</sub> to produce anesthesia. Low atmosphere pressure stunning or atmospheric depressurization reduces atmospheric partial pressure of oxygen by evacuating air from an air tight chamber. Broilers are placed in an air tight decompression chamber and pressures of 0.70 to 0.20 atmospheres are utilized to stun the broilers. Though minimal research has been performed on low atmospheric stunning, Purswell *et al.* (2007) recently reported that vacuum (low atmospheric) stunning appeared to be an effective method for humane stunning and exsanguination of chickens. These researchers also reported that this method may improve animal welfare by reducing corticosterone levels.

### **Rigor Mortis**

Rigor mortis development is central to the process of muscle death and meat quality (Sams, 1999). Immediately postmortem, muscle cells continue to respire to produce and consume ATP. This ATP acts as a plasticizer to dissociate actin and myosin in order to maintain muscle extensibility. As the cellular oxygen is depleted, the cells depend on anaerobic metabolism for the production of ATP. The muscle will quickly become anaerobic, and glucose will only go through glycolysis to supply ATP. The primary product of anaerobic glycolysis is lactic acid which accumulates and decreases muscle pH. This post mortem decline in pH lowers the activity of the glycolytic enzymes that are sarcoplasmic in origin (Ashgar and Henrickson, 1983). Adenosine triphosphate and other high energy molecules such as creatine phosphate are utilized to maintain the energy supply. Eventually, ATP is exhausted and the energy supply will be

compromised. When ATP concentration falls to a critical level [ $1\mu\text{M/g}$  (Hamm, 1982)], there is insufficient ATP to dissociate all of the actin and myosin. These proteins remain complexed as actomyosin, and the onset phase of rigor mortis begins. These complexes continue to accumulate until the ATP concentration reaches about  $0.1\mu\text{M/g}$  at which rigor is developed. R-value is a measurement that is used to determine ATP depletion. The R value is the ratio of the concentrations of inosine nucleotides to adenosine nucleotides and indicates the status of very true ATP depletion during rigor mortis development (Calkins *et al.*, 1982). The accelerated depletion of ATP is indicated by increased R values. Once rigor mortis is developed, the muscle is not extensible and becomes stiff. The stiffness of a muscle in rigor mortis is a function of the extent of myofibrillar overlap of thick and thin filaments, which is determined by the strength of the opposing muscle groups (Cason *et al.*, 1997), the presence of skeletal attachments (Stewart *et al.*, 1984) and temperature (Wood and Richards, 1974; Bilgili *et al.*, 1989; Dunn *et al.*, 1995). Rigor mortis completion is dependent on the energy stores in the muscle at the time of slaughter and the rate of metabolic degradation. The metabolic rate determines the rate of decrease in pH and ultimate pH, which can affect meat color and water holding capacity through protein denaturation (Warris and Brown, 1987).

Exposure to low temperatures when ATP is still present in the muscle cell (such as prior to rigor mortis development) can induce cold shortening and result in tough meat (Hamm, 1982; Smith *et al.*, 1969). Carcass aging is the process of storing intact carcasses or breast halves for several hours at refrigerated temperatures prior to deboning to allow for the development of rigor mortis (Sams, 1999). Processors commonly store intact carcasses for at least 4 h after slaughter to allow rigor mortis development prior to

deboning (Shelton, 1985; Amey, 1988; Sams, 1994). Removing the muscle prior to this aging time, results in decreased overall tenderness (Stewart *et al.*, 1984; Dawson *et al.*, 1987; Lyon *et al.*, 1989). Increased aging time has been reported to result in reduced meat yield and extra labor, space, equipment and energy requirements (Lyon and Lyon, 1997; Hirschler and Sams, 1998). Electrical current, when applied to the live bird (stunning) before death delays the onset of rigor, whereas electrical stimulation applied immediately postmortem accelerates rigor development (Fletcher, 1999). Electrical stimulation increases the rate of rigor development by a more rapid decrease in pH (Thompson *et al.*, 1987) and an increased rate of ATP depletion (Sams *et al.*, 1989).

Preslaughter heat stress accelerates rigor mortis development, reduces water holding capacity, and increases the incidence of paleness in poultry meat (Northcutt *et al.*, 1994; McKee and Sams, 1997b). Poole and Fletcher (1995) and Kang and Sams (1999) observed that stunning with carbon dioxide slows rigor mortis development when compared to no stunning or electrical stunning. Contrary to this, Raj *et al.* (1997), and Poole and Fletcher (1998) reported that gas stunning accelerates rigor mortis and reduces the necessary aging time prior to deboning, but only when compared to a high amperage (80 to 125 mA) electric stun. Poole and Fletcher (1998) observed that there was no rigor mortis acceleration when gas stunning was compared to a low amperage stun. Papinaho *et al.* (1995) stated that stunning affects early rigor development primarily through a reduction in perimortem struggle, and only indirectly affects the post mortem biochemistry of the breast muscle.



## **Tenderness**

Bourne (1982) noted that meat is one of the foods in which texture is the dominant quality characteristic. According to Szczesniak and Torgeson (1965), texture includes properties of the material related to its structural components which are detectable with physiological senses (mastication, touch etc.). Meat texture is multifaceted and involves more than one attribute (Lyon and Lyon, 1997) and is a dominant quality characteristic in cooked meat (Bourne, 1982). Processing conditions directly affect the finished meat characteristics of broilers. Traditional processing involves chilling carcasses in water from 45 min to 1 h, and then holding them for another 4 to 8 h to achieve maximum tenderness of the breast fillet (Lyon *et al.*, 1985; Dawson *et al.*, 1987). This aging time is necessary for the completion of post mortem biochemical reactions that are critical in assuring that cooked breast meat is tender (Stewart *et al.*, 1984).

Aging fillets prior to deboning allows the development and resolution of rigor mortis which causes meat tenderization (Pool *et al.*, 1959; Dodge and Stadleman, 1959; Marion, 1967). During the resolution of rigor mortis and subsequent aging of meat at refrigerated temperatures, several changes occur in skeletal muscle that lead to improved meat tenderness. An important change is the increased ease of fragmentation of myofibrils that results from weakened or degraded Z-disks (Koochmaraie, 1994). Post mortem proteolysis is the primary factor responsible for increased fragility in the Z-disks and the degradation of the other myofibrillar proteins including desmin, titin, nebulin, and Troponin T (Koochmaraie, 1994). Calcium dependent calpains are responsible for cleaving many of these proteins. Ouali *et al.* (1992) suggested that the proportion of

calpain and calpastatin in muscle influences the rate of proteolysis of myofibrillar proteins, there by affecting meat tenderness. Koochmaraie (1996) concluded that proteolysis of key myofibrillar proteins by  $\mu$ -calpain is the underlying mechanism of meat tenderization that occurs during storage of meat at refrigerated temperatures. Considerable weakening of the myofibril lattice results in improved meat tenderness during post mortem storage (McKee *et al.*, 1997a). The increase in post mortem muscle ionic strength also contributes to improvements in meat tenderness during post mortem aging. Decreased protein interactions and increased solubility of myofibrillar proteins are associated with increased ionic strength (Wu and Smith, 1987). Cumulatively, post mortem proteolysis and post mortem muscle ionic strength contribute to meat tenderness during aging. Goodwin (1984) noted that many factors influence the ultimate tenderness of broiler breast meat. He specifically identified scalding time and temperature, feather removal, chilling, aging, and prerigor muscle cutting as the important post mortem factors. Where as Lyon and Wilson (1986) and Lyon and Lyon (1990a) concluded that two important variables that influence texture are post mortem deboning time and cooking method. In addition, Fennema (1996) reported that tenderness is influenced by sarcomere length. The contractile state of muscle can be determined by measuring individual sarcomeres, since shorter sarcomeres correlate with tougher meat (Locker, 1960; Herring *et al.*, 1967).

Lambooij *et al.* (1999) noted a difference in perceived sensory tenderness for different stunning and restraining treatments. The fillets from the shackled broilers were more tender than the fillets from cone restrained broilers. Restraining broilers in a cone resulted in a slightly slower pH decline than shackling, and resulted in less tender breast

meat. Electrical stimulation improves tenderness because of increased activity of proteases (Dutson *et al.*, 1980) and physical disruption of myofibrils (Savell *et al.*, 1978). In addition, fillets from air pressure stunned broilers were reported to be more tender than the meat from the electrically stunned broilers. Air pressure stunning accelerates muscle glycolysis, which results in more tender breast meat than electrical whole body stunning. In addition, marination is commonly utilized to reduce aging time and enhance meat tenderization (Goodwin and Maness, 1984). Effect of marination on both functional and the textural properties of broiler breast meat were noted by Lyon and Lyon (2000). These researchers stated that a mixture of phosphates, salt and spices are often used to enhance water holding capacity, tenderness and flavor.

### **Instrumental Tenderness**

Instrumental methods such as the Allo-Kramer shear compression system (multiple blades), Warner-Bratzler shear blade, and Texture Profile Analysis are commonly used to evaluate the tenderness of broiler breast meat (Sams *et al.*, 1990). Poultry meat researchers have often used the Warner-Bratzler system because it is very fast and allows for rapid analysis of many samples (Sams *et al.*, 1990).

Instrumental tenderness methods do not account for the juiciness and other moisture related characteristics, or changes in meat that a panelist may perceive while chewing (Lyon and Lyon, 1997). While using these instruments, sample size, location within the muscle, orientation of the fiber to the shearing blade, and presence or absence of connective tissue must be considered. Shear value is an instrumental unit of measure to determine the force required to cut through samples. It is not a sensory measurement. It is

expressed in total kg force or as kg force/mm thickness (Lyon and Lyon, 1998). Simpson and Goodwin (1974) compared Allo-Kramer multiple blade shear values with sensory measurement of tenderness and concluded that values above 8 kg of force per gram of sample corresponded to sensory scores of slightly tough to tough, and values below 8 kg/g corresponds to scores of tender to very tender. For overall texture acceptability, Lyon and Lyon (1990b) indicated that W-B values should be 5.8 kg or less, and A-K values should be 8.1 kg per g or less.

## **pH**

pH is commonly utilized as an indicator of meat quality. The rate and extent of postmortem pH decline are very important factors affecting meat quality (Berri *et al.*, 2001). In post mortem muscle, glycogen, glucose, and glucose-6-phosphate are converted to lactate through anaerobic glycolysis. Lactate accumulation and the release of protons from adenosine triphosphate hydrolysis in post mortem muscle induce a pH decline (Bendall, 1973). Post mortem time for muscle to reach its ultimate pH is 4 to 6 h (Papinaho and Fletcher, 1996; Papinaho *et al.*, 1996; Stewart *et al.*, 1984; Khan, 1974; Smith *et al.*, 1992) and varies due to differences in initial glycogen levels, bird strain, sex, body size, fat, stunning procedures, and other physiological factors (Papinaho *et al.*, 1996).

In chickens, Kotula and Wang (1994) suggested that the content of glycogen at slaughter modifies meat pH with little change in color and expressible moisture, and only a minimal increase in the shear value of the resultant meat. Olsson and Satlin (1970) reported that glycogen concentration is a potential contributor to the water holding

capacity of meat, because the glycogen molecule binds 3 to 4 times its weight in water. Muscular activity during stunning and exsanguination has an accelerating effect on the rate of pH decline (Khan and Nakamura, 1970; Ngoka and Froning 1982; Raj *et al.*, 1990a). Acute heat stress prior to slaughter also induces a lower ultimate pH (Holm and Fletcher, 1997; Sandercock *et al.*, 1999), reduced water holding capacity (Sandercock *et al.*, 1999; Petracci *et al.*, 2001) as well as decreased tenderness (Froning *et al.*, 1978; Holm and Fletcher, 1997; Petracci *et al.*, 2001) in chicken breast meat. It was reported that breast meat pH values decreased post mortem between 2 and 4 h with no difference between 4 and 24 h post mortem times (McNeal and Fletcher, 2003). A significant correlation between muscle pH and color variation was reported by various authors. Breast meat is darker when muscle or meat pH is higher (Livingston and Brown, 1981; Yang and Chen, 1993, Cornforth, 1994). When the pH of the meat is far above the isoelectric point of myofibrillar proteins in the meat, water molecules are tightly bound, causing more light to be absorbed by the muscle, and the meat appears darker in color (Kauffman and Marsh, 1987; Cornforth, 1994). Fletcher and Smith (2006) provided a review of correlation between poultry breast meat lightness ( $L^*$ ) and breast muscle pH. Their research suggested that as muscle pH decreases, the lightness value increases, with a correlation coefficient between -0.6 and -0.8. In addition, redness ( $a^*$ ) decreases and yellowness ( $b^*$ ) increases during storage of meat, probably due to the oxidation of myoglobin. The rate of myoglobin oxidation in muscle increases when the ultimate pH ( $pH_u$ ) is low. Drip loss and water-holding capacity is also negatively correlated with  $pH_u$ . The effect of  $pH_u$  on drip loss is a charge effect: as pH decreases, the repulsion forces between the myofibrils decrease since the pH is approaching the isoelectric point of

myofibrillar proteins, thus reducing the space available for water in the cell (Hamm, 1986; Judge *et al.*, 1989). Dunn *et al.* (1993) reported a negative correlation between shear force and  $pH_u$ . Bouton *et al.* (1973) explained that the higher water holding capacity of meat at higher ultimate pH's (>6.0) results in more tender meat.

### **Pale, Soft, and Exudative Meat**

The occurrence of PSE-like meat in broiler breast meat has been reported to be between 0 and 28% by Barbut (1997). The relationship between raw breast meat lightness ( $L^*$ ), or PSE-like meat, with low pH and meat functionality has been reported by several researchers (Boulianne and King, 1998 and Barbut, 1997). Antemortem and postmortem factors such as environmental temperatures (hot or cold), transportation, preslaughter handling practices, stunning methods, and chilling regimes contribute to the development of PSE meat by increasing muscle metabolism, maintaining high temperatures, or both (Cassens *et al.*, 1975; Honikel, 1987; Offer, 1991; Backstrom and Kauffman, 1995; D'Souza *et al.*, 1998; Maribo *et al.*, 1998). A rapid pH decline may induce protein denaturation, resulting in decreased tenderness and juiciness, and less intense (pale) muscle coloration. In the extreme condition, this is known as PSE meat (Solomon *et al.*, 1998). Pale, soft, exudative meat develops when the rate of postmortem pH decline is high, leading to a low pH value while the muscle temperature is still high (Rammouz *et al.*, 2004). Accelerated onset of rigor mortis is associated with a high muscle temperature, leading to sarcoplasmic and myofibrillar (myosin and actin) protein denaturation. This protein denaturation is associated with decreased functionality and subsequent quality defects such as paleness, poor water binding and soft texture (Fernandez *et al.*, 2002).

Pietrzak *et al.* (1997) identified phosphorylase in the myofibrillar fraction of PSE turkey which indicates a loss of protein solubility and functionality.

Characteristics of PSE meat are paleness, low water holding capacity, and formation of soft gels (Ferket and Foegeding, 1994; Barbut, 1997; Owens *et al.*, 2000). PSE meat can cause problems during cooking in certain types of further processed turkey products by increasing purge in cook-in bags, which results in a product with decreased cook yield and a dry texture that is unacceptable to the customer (Woelfel *et al.*, 2002). The decreased water holding capacity of PSE meat is associated with the denaturation of myofibrillar proteins, whereas pale color is more often associated with the denaturation of sarcoplasmic proteins (Offer, 1991).

## **Color**

Heme pigments are the major contributors to meat color. Studies by Nishida and Nishida (1985) and Kranen *et al.* (1999) reported that there are minimal concentrations of myoglobin in chicken breast muscle, which causes its light color. Other factors include amount of intramuscular fat, moisture content, preslaughter factors, processing variables, age, sex and diet (Mugler *et al.*, 1970; Ngoka and Froning, 1982). Bruises, hemorrhages, and poor exsanguination efficiency can negatively affect color of the meat and skin; these are major quality defects and are associated with undesirable discoloration and reduced shelf life (Griffiths and Nairn, 1984). Residual blood in the carcass is often associated with a meaty flavor and decreased shelf life (Alvarado *et al.*, 2007). Therefore excessive hemorrhaging caused by different stunning and slaughter techniques can increase

hemoglobin content in the muscle that can decrease shelf life by increasing oxidation (Alvarado *et al.*, 2007).

Instrumental color is often reported using CIE LAB\* color values that represent lightness (L\*), redness (a\*), and yellowness (b\*) and are often used to determine breast meat quality (Qiao *et al.*, 2001). Qiao *et al.* (2001, 2002) reported that extreme color variations, from very light to very dark, had significant effects on functional properties and chemical composition of broiler breast meat. Barbut (1993) reported that lightness of raw fillets was negatively correlated with water holding capacity. When broilers are slaughtered during summer months, the color of breast meat is often paler, less red, and more yellow when compared to broilers that are slaughtered during winter months. During summer months, heat stress and excitation just prior to slaughter can affect the postmortem metabolism of muscle and subsequent meat quality characteristics such as color, water holding capacity, and texture (Lambooij, 1999; Warris *et al.*, 1999).

### **Sensory Analysis**

The two most important sensory quality attributes for poultry meat are appearance and texture (Fletcher, 2002). Sensory perception of tenderness is more complicated than mechanical measurements because humans measure more than just the force needed to cut or shear meat (Lyon and Lyon, 2000). The sensory description of meat texture is a multi-faceted process that includes meat sample particle size and shape, and other attributes such as the amount of saliva produced, moisture released, ease of swallowing, and mouth coating (Lyon and Lyon, 1997). Other attributes, including flavor and



moisture characteristics, are also critical to consumer acceptance or rejection of poultry meat which can be perceived during chewing (Lyon and Lyon, 2000).

Simpson and Goodwin (1974) have reported correlations between taste panel scores and shear values to predict tenderness in broiler breast meat. These authors reported that sensory acceptability scores from a five member untrained panel were correlated with Allo-Kramer shear values and that lower shear values were indicative of more acceptable samples. Lyon and Lyon (1997) found several correlations between individual attributes of sensory perception and instrumental values. These authors reported that Warner-Bratzler and Allo-Kramer shear values were correlated with mechanical and chew down sensory characteristics of broiler breast meat. Lyon and Lyon (1990b) developed sensory descriptors that relate to Warner-Bratzler shear and Lee-Kramer shear values. These researchers provided a detailed description of the sensory characteristics of broiler breast meat. According to these researchers particle size, bolus and wetness characteristics of broiler breast meat interacted with amount of saliva, ease of swallowing, and mouth coating, all of which contributed to an integrated sensory perception of broiler breast meat. Schilling *et al.* (2003) reported a range of shear values that correspond to a consumer sensory tenderness scale. These researchers found significant differences in consumer response among shear value categories. Lyon and Lyon (1990a) examined the effects of various deboning times and cookery methods on the sensory perception of tenderness. They found that microwave cookery produced lower shear values than water submersion cooking and that shear values increased as deboning time decreased.

## CHAPTER III

### MATERIALS AND METHODS

#### **Sample Procurement**

Four hundred and thirty two Ross 708 broilers (mixed sex, and approximately 48 d of age) reared at the Mississippi State University Leveck Animal research Center (LARC) poultry facility, were randomly selected for processing by one of two stunning methods: electrical and low atmosphere pressure (LAPS). Feed was withdrawn 12 h prior to harvest, and broilers were allowed unlimited access to water. Broilers were transported in live haul crates from the LARC poultry facility to the poultry processing plant (less than 0.5 km) at 5:00 am (prior to sunrise) to minimize stress.

#### **Electrical Stunning**

Broilers were hung by their feet in steel shackles and were electrically stunned by manually placing their heads in a saturated saline bath (11.5 volts, <0.5 mA AC to DC current for 3 sec). The shackle line speed was constant and set so that approximately 22 broilers were stunned per min. Unilateral neck cutting was manually performed immediately after stunning, and bleeding lasted for 140 sec. Upon completion of exsanguination, the broilers were scalded at 53.3° C for 191 sec, picked for 35 sec using a

rotary drum picker (Baader-Johnson, Kansas City, Kansas) and then mechanically eviscerated.

### **Low Atmosphere Pressure Stunning**

Broilers were stunned using a commercial prototype of a low atmospheric pressure harvest system (Techno catch LLC, Kosciusko, MS). This prototype consisted of a round reinforced mild steel shell 2.3 m in diameter and 3 m long with a gravity roller bed allowing for full cage insertion and retrieval. Low atmospheric pressure was accomplished by means of a series of vacuum rated butterfly valves employed for vacuum application and release. The low atmospheric pressure was achieved using two vane type vacuum pumps each rated at 14 cubic m per min. These pumps were connected to the chamber through two separate pipes each with its own control valve. An additional valve was connected via piping to the tank for vacuum release. A computer-based data acquisition and control system (USB-1208FS, measurement computing Corp., Norton, MA) was used to monitor tank pressure and control pump action. Cages with 24 broilers were placed into this air-tight decompression chamber and a low atmospheric pressure of 597 to 632 mm Hg was achieved. All broilers were maintained in the decompression chamber for 2 min. After ataxia (loss of posture, resulting in the inability to maintain a standing position and no neck tension at the onset of unconsciousness), broilers were decapitated manually. Bleeding, scalding, picking, and evisceration steps were identical to the procedures listed in the electrical stunning section.

After harvest, broiler carcasses were stored in ice water in metal (173 cm in length, 85 cm in width, and 68.5 cm in depth) and rubber containers (142 cm in length,

81 cm in width, and 50.8 cm in depth) to mimic the chilling process in a poultry plant. Twenty four broilers per replication for each stunning method were randomly selected for whole breast removal and deboning at 0.75, 2, and 4 h post mortem. Each whole breast was placed into a labeled Ziploc bag (S.C. Johnson & Son, Inc., Racine, WI) and cooled (2°C) over night. At 24 h postmortem, the whole breast was separated into right and left halves. Color and pH were measured on the breast samples (right side of carcass) and then individually vacuum packaged (Turbovac 320-ST-S, Inject Star Of The Americas, Inc, Brookfield, CT) in 15.2 x 20.3 cm, 3 mil vacuum pouches (Rebel Butcher Supply Co. Inc, Flowood, MS), labeled and stored frozen (-23°C) in a walk-in freezer until cook loss and shear force determinations could be performed. The breasts from the left side of the carcass were bagged (6 breasts per bag), vacuum packaged (40.64 X 50.8 cm, 4 mil vacuum pouch; Rebel Butcher Supply Co. Inc, Flowood, MS) and frozen (-23°C) until consumer sensory acceptability tests could be performed.

### **Treatments**

Six treatments were utilized in this trial to evaluate the effects of stun method and deboning time on broiler breast meat quality: electrical stunning, deboned at 45 min post mortem (ES 0.75H); electrical stunning, deboned at 2 h post mortem (ES 2H); electrical stunning, deboned at 4 h post mortem (ES 4H); low atmosphere pressure stunning, deboned at 45 min post mortem (LAPS 0.75 H); low atmosphere pressure stunning, deboned at 2 h post mortem (LAPS 2H); low atmosphere pressure stunning, deboned at 4 h post mortem (LAPS 4H).

### **pH measurement**

A pH meter (Model Accumet 61a, Fisher Scientific, Hampton, NH) was used to measure the pH of 24 broilers per replication at 15 min postmortem ( $\text{pH}_{15}$ ) by inserting a pH probe (Model FlexipHet SS Penetration tip, Cole Palmer, Vernon Hills, IL) 2.5 cm below the Pectoralis major muscle at approximately 2.5 cm from the top of the breast and 2.5 cm from the breast bone. At 24 h postmortem, ultimate pH ( $\text{pH}_u$ ) measurements for each sample were taken using the same pH meter in the same anatomical location as the 15 min pH measurements.

### **Color Measurement**

Instrumental color measurements were taken for each breast within each treatment using a chroma meter (Chroma meter Model CR-400, Minolta Camera Co., Ltd., Osaka, Japan Serial No C8202489) that was calibrated using a standard white calibration plate (Model No 20933026, Japan). Three measurements were taken at three identical locations for each breast on the medial portion of the Pectoralis major muscle. Color for each sample was expressed in terms of CIE values for lightness ( $L^*$ ), redness ( $a^*$ ), and yellowness ( $b^*$ ).

### **Cooking Loss**

Frozen breast samples were thawed ( $2^\circ\text{C}$ ) overnight, trimmed to an approximate weight of 120 g, and vacuum packaged in 15.2 x 20.3 cm, 3 mil cooking bags (Rebel Butcher Supply Co. Inc., Flowood, MS). Samples were cooked by immersing cooking bags in hot water ( $85^\circ\text{C}$ ) for approximately 20 min until an internal temperature of  $80^\circ\text{C}$  was reached. A poultry thermometer (beef and poultry thermometer; Chaney instrument

Co; China) was inserted into the middle portion of a breast sample prior to packaging to measure the internal temperature of the sample. The bags were tempered at ambient temperature (20°C) before opening to drain the liquid from each bag. Each breast sample was dried with one paper towel (one ply) and reweighed. Cooking loss was reported as a percentage and calculated as  $(\text{initial weight} - \text{final weight}) / (\text{initial weight}) \times 100$ .

### **Warner-Bratzler Shear Force Determination**

Tenderness was assessed using an objective texture procedure described in Meek *et al.* (2000). Breasts that were used for cooking loss determinations were cooled to room temperature and used for shear force determinations. Four to six adjacent 1 cm (width) x 1 cm (thickness) x 2 cm (length) strips were cut from the cooked breast, parallel to the direction of the muscle fibers. Each strip was sheared once, and the average was calculated for each breast. Samples were sheared perpendicular to the muscle fibers using a Warner-Bratzler shear attachment mounted on an Instron Universal Testing Center (Model 3300, Instron, Norwood, MA) using a 50 kg load transducer and a cross head speed of 200 mm/min.

### **Sensory Analysis**

Three consumer based sensory panels (n=50-55 panelists per replication) were conducted to evaluate the acceptability of broiler breast meat harvested with different stunning methods at various deboning times. Each panel consisted of students, staff, and faculty at Mississippi State University. Participants were recruited with an advertising sign and word of mouth for participation, and samples were cooked as described for the cooking loss and tenderness evaluations. Breast meat samples were cooked to an internal

temperature of 80°C, cooled for 15 min to rest the meat, cut into 1 cm cubes and placed into labeled plastic bags. The breast meat samples were then kept in a warm water bath (60-70°C) until panelists evaluated the samples. Random three digit numbers were utilized to identify the samples and each participant evaluated 6 treatment samples. Participants were asked to evaluate the sample's overall acceptability, and the sample's acceptability in respect to appearance, texture, and flavor on a 9-point hedonic scale. The category definitions were as follows: 9-Like extremely; 8-Like very much; 7-Like moderately; 6-Like slightly; 5-Neither like nor dislike; 4-Dislike slightly; 3-Dislike moderately; 2-Dislike very much; 1-Dislike extremely (Meilgaard *et al.*,1999). Acceptability of texture was defined as product liking in respect to tenderness. Acceptability of appearance was defined as product liking in respect to color and moisture, and acceptability of flavor was defined as product liking in respect to chicken flavor (taste). Panelists were asked to evaluate all attributes for each sample before evaluating the next sample, and evaluate one sample at a time going from left to right. Sample order was also randomized to account for sampling order bias. Water and unsalted crackers were provided, and panelists were asked to expectorate and rinse their mouths between each sample.

### **Statistical Analysis**

A randomized complete block design (replications as blocks) with three replications (n=432, 72 broilers per treatment) was utilized to test the treatment effects (P<0.05) of stunning method with different deboning times on pH decline, ultimate pH, color, cooking loss, and shear force. When significant differences occurred (P<0.05)

among treatments, the Fisher's Least Significant Difference (LSD) test was used to separate treatment means. A randomized complete block design (replications and panelists as blocks) with three replications was utilized to test the treatment effects ( $P < 0.05$ ) of stunning method and deboning time on the sensory acceptability (appearance, texture, and flavor) and overall acceptability of the chicken breasts. Agglomerative hierarchical clustering using Wards Method (XL Stat 2006) was performed to group panelists together based on their preference and liking of broiler breast meat. A dendrogram and a dissimilarity plot were used to determine how many clusters should be utilized to group panelists. After separating the data into clusters, the entire data set was evaluated to confirm that the data for each panelist was relatively close to the means of the treatments that were within the cluster that they were grouped into. After conducting agglomerative hierarchical clustering, randomized complete block designs (panelists as blocks) were performed within each cluster, and the least significant difference test was utilized to separate treatment means within a cluster when significant differences ( $P < 0.05$ ) occurred.



## CHAPTER IV

### RESULTS AND DISCUSSION

#### **pH and Color**

At 15 min post-mortem, the mean pH of breast meat did not differ ( $P>0.05$ ) between electrical (6.39) and low atmosphere pressure (6.42) stunning (LAPS) methods. However, 15 min pH's from LAPS had a greater number of samples between 5.9 and 6.2 than electrically stunned broilers. Electrically stunned broilers had a greater number of samples between 6.2 and 6.5 than LAPS broilers at 15 min (Figure 1). This suggests that low atmosphere pressure stunning may cause rigor development to occur slightly more rapidly than electrical stunning in some broilers. Regardless, neither stunning method had a large number of 15 min pH samples with pH's below 6.0 with a 4.2% incidence in LAPS broilers, and a 1.4% incidence in ES broilers. Results from this study are similar to those of Debut *et al.* (2003), who reported that pH at 15 min postmortem was between 6.3 and 6.6 for broiler breast meat from electrically stunned carcasses. At 24 h postmortem, pH did not differ ( $P>0.05$ ) among deboning time or stunning method (Table 1). pH is an indicator of meat quality, and a pH less than 5.7 at 24 h postmortem is indicative of poor meat quality (Alvarado *et al.*, 2007; Fernandez *et al.*, 1994). Papinaho and Fletcher (1995) reported no differences in 24 h postmortem pH values between stunned and nonstunned broilers, and Alvarado *et al.* (2007) reported no difference in ultimate pH of

breast meat from broilers that were CO<sub>2</sub> and electrically stunned. The reported mean ultimate pH values of 5.7 and 5.76 for pale meat and 5.96 and 6.07 for normal meat (Van Laack *et al.*, 2000; Woelfel *et al.*, 2002) are similar to the mean values in the present study, where the majority of broiler breast samples were in the pH range of 5.8-6.1. This reveals that utilization of low atmosphere pressure stunning should not have a major impact on broiler breast meat quality since pH decline was similar. On average, occurrence of rapid pH decline was minimal, and pH decline is one of the factors that impacts the onset and rate of rigor development and breast meat quality (Fleming *et al.*, 1991; McKee and Sams 1997a; Pearson, 1987; Sams *et al.*, 1990).

All chicken breast samples were darker ( $P < 0.05$ ) when deboned at 0.75 h postmortem than samples that were deboned at 4 h postmortem for both stunning methods (Table 1). The L\* values were also lower ( $P < 0.05$ ) in the low atmosphere pressure stunning treatments at 0.75 h postmortem and 4 h postmortem when compared to electrically stunned broilers deboned at the same time. It appears that use of low atmosphere pressure stunning causes a shift in breast meat color among the broiler population so that a greater proportion of samples have CIE L\* values between 50 and 55, and fewer samples have CIE L\* values that are greater than 55 when compared to electrically stunned broilers that are deboned at the same time (Figure 2). Differences ( $P < 0.05$ ) also occurred among treatments in a\* and b\*, with ranges of 1.2-1.6 and 1.4-2.1 for a\* and b\*, respectively (Table 1). Previous studies have used L\* values as a measure to estimate the incidence of paleness and/or the PSE condition in broiler breast meat (Van Laack *et al.*, 2000; Barbut, 1998; Woelfel *et al.*, 2002). Some researchers (Van Laack *et al.*, 2000; Woelfel *et al.*, 2002) have reported that an average L\* value greater than 60 is

pale meat while Barbut (1998) indicated that an L\* value greater than 55 can be used as a cutoff to indicate the PSE condition in broiler breast meat. Van Laack *et al.* (2000) reported that breasts appearing to be normal had L\* values of 55 and those appearing to be pale had CIE L\* values of 60, and stated that high L\* values and low ultimate pH (<5.7) were indicative of broiler breast meat that was pale in color with low water holding capacity. The L\*, a\* and mean ultimate pH values from our study (5.8-6.1) are very similar to the values (5.9-6.1) that have been reported by previous researchers as characteristic of normal broiler breast meat at 24 h postmortem for all treatments that were evaluated (Van Laack *et al.*, 2000; Barbut, 1998; Woelfel *et al.*, 2002; Sams, 1999).

### **Cooking Loss**

There were no differences ( $P>0.05$ ) in cooking loss percentages between the two stunning methods at any of the deboning times (Table 1). However, the ES 0.75H (24.0) treatment had greater ( $P<0.05$ ) cooking loss than the LAPS 4H (22.6) and ES 4H (22.7) treatments, but no other differences existed ( $P>0.05$ ). These results suggest that implementing low atmosphere pressure stunning should not cause any difference in cooking loss and juiciness when compared to electrical stunning. The data is in agreement with previous studies by Raj *et al.* (1990a) and Lambooi *et al.* (1999), where stunning method did not result in cooking loss differences. Raj *et al.* (1990a) reported that gaseous stunning did not affect the cooking loss compared to electrical stunning. Northcutt *et al.* (1998) observed no cook loss effect due to stunning method in turkey meat.

## **Instrumental Tenderness**

Shear values indicate the maximum force required to cut through the sample and relates to the hardness of the sample. Higher values indicate that more force is required to shear the sample and relates to an overall measurement of sensory “toughness”. Warner-Bratzler shear values (hardness) decreased ( $P < 0.05$ ) with increased postmortem deboning times, but no differences ( $P > 0.05$ ) existed between electrical stun and low atmosphere pressure stun treatments at any of the three deboning times (Table 1). This reveals that low atmosphere pressure stunning would not positively or negatively affect tenderness, and that it would still be beneficial to age broiler breast meat for at least 4 h prior to removing breast meat from the bone regardless of stunning method. This observation agrees with previous reports (Thielke *et al.*, 2005; Lyon *et al.*, 2003; Lyon *et al.*, 1989) and reemphasizes the importance of an aging period prior to breast meat removal from the carcass. On average, almost all breasts required less than 45 Newtons (N) to shear through the breast meat and would be acceptable in tenderness to a large percentage of consumers (Schilling *et al.*, 2003). Several studies have attempted to determine the minimum time of aging that is necessary prior to deboning broiler breast meat. Sams (1999), Stewart *et al.* (1984), Lyon *et al.* (1985), and Dawson *et al.* (1987) reported that between 2 and 4 h postmortem is the critical period after which deboning does not cause decreased tenderness in broiler breast meat. It appears that this phenomenon was also true in this research for both electrical and low atmosphere pressure stunning.

## **Consumer Acceptability**

Consumer acceptability scores for the appearance, texture, flavor, and overall acceptability of breast meat were affected ( $P < 0.05$ ) by postmortem deboning time but not stunning method. However, consumer acceptability scores for texture of broiler breast meat were different ( $P < 0.05$ ) between stunning methods at 0.75 h postmortem deboning time (Table 2). The mean scores for all sensory attributes were increased with deboning time for both stunning methods. This reveals that post mortem deboning had a greater impact on sensory characteristics and consumer acceptability than stunning method. It is apparent from the data that on average, breast meat that was deboned at either 2 or 4 h postmortem was very acceptable to consumers regardless of the stunning method that was utilized.

Since consumers vary so much in their perception of acceptability, cluster analysis was performed, and a dissimilarity plot was utilized to group the panelists into 8 clusters based on their preference and overall liking of cooked broiler breast meat (Table 3). It is apparent from this data that Clusters 6, 7, and 8 liked chicken breast treatments very much. Cluster 8 (24.4% of the panelists) rated all samples at a score of like very much. Cluster 7 (15.9%) preferred samples that were deboned for 4 h over other samples. Cluster 6 (26%) liked all samples but preferred the 2 h samples over the 4 h samples, probably because they like tender meat but found the 4 h deboned meat to be too tender. There was no clear trend for Clusters 1, 2, 4 and 5 (21.3% of all panelists). Cluster 3 (12.8%) liked chicken breast slightly to moderately, but preferred LAPS 4H, ES 4H and ES 2H over all other treatments.

A dendrogram was also utilized to group consumers into 6 clusters based on dissimilarity in panelist response to the texture of cooked broiler breast meat. Cluster 6 is the largest cluster (32.9%), and though statistical differences existed ( $P < 0.05$ ), consumers scored all treatments as very acceptable. Cluster 5 (18.9%) liked the texture of all treatments but had higher scores for ES 0.75H, LAPS 2H and ES 4H when compared to LAPS 0.75 H and ES 2H treatments. Cluster 4 (8.5%) liked the texture of all treatments, except the LAPS 0.75 H treatment. On average, Cluster 3 (17.1%) preferred ( $P < 0.05$ ) samples that were deboned at 4 h over those deboned at 2 h and 0.75 h and preferred ( $P < 0.05$ ) samples deboned at 2 h, over those deboned at 0.75 h. This cluster is probably very sensitive to differences in tenderness and prefers very tender samples. No trends were evident in Cluster 2 (12.8%), but these panelists preferred ( $P < 0.05$ ) the ES 0.75 H treatment over all other samples. Cluster 1 (9.8% of panelists) preferred ( $P < 0.05$ ) the texture of samples that were deboned at 2 h and 0.75 h probably because samples that are deboned at 4 h were too tender for their liking.

Tenderness/texture results for consumer acceptability varied slightly from Warner-Bratzler shear determinations. For the Warner-Bratzler shear values, differences ( $P < 0.05$ ) were only apparent among deboning times and did not exist ( $P > 0.05$ ) between stunning methods. For the tenderness/texture acceptability scores, there were slight differences ( $P < 0.05$ ) among treatments within clusters. This may have occurred because consumers are highly variable in their perception of what it means for a sample to be acceptable or optimum in regards to tenderness. For example, Schilling *et al.* (2003) reported that there was not a direct relationship between Warner-Bratzler shear values and consumer liking of tenderness, and that some consumers preferred samples with

shear values that were either between 20-30 N or 30-40 N over samples with shear values between 10-20 N. Minimal variation was apparent in cluster 1 and cluster 2 with the exception that panelists did not rate the acceptability of tenderness extremely high and did not like the tenderness/texture of the 0.75 h LAPS treatment. Clusters 3, 4, 5, and 6 consisted of 76% of the consumers and all liked chicken breasts very much. Cluster 3 appeared to be the cluster that was very sensitive to tenderness since there were slight variations ( $P < 0.05$ ) between some LAPS and ES samples but differences were greater between deboning times than stun method. Minimal differences existed among treatments for cluster 4 with the exception that panelists did not like the texture of the 0.75H LAPS treatment. From the results of this study, it is not possible to pinpoint why this occurred. Even though slight differences ( $P < 0.05$ ) occurred in tenderness acceptability between stunning methods (within treatments) for clusters 5 and 6 (greater than 50 % of the panelists), all of these consumers scored these treatments between like moderately and like very much on the hedonic scale, with the exception of the 2H ES treatment.

Table 1

The effects of stunning method (low atmosphere pressure and electrical) and deboning time on the color, ultimate pH, shear force and cooking loss of broiler breast meat

Treatment <sup>1</sup>	24 hour pH	CIE L* (Lightness)	CIE a* (Redness)	CIE b* (Yellowness)	Shear Force(N)	Cooking Loss%
4H LAPS	5.99 <sup>a</sup>	56.1 <sup>b</sup>	1.6 <sup>a</sup>	1.8 <sup>ab</sup>	19.9 <sup>c</sup>	22.6 <sup>b</sup>
4H ES	5.95 <sup>a</sup>	57.3 <sup>a</sup>	1.3 <sup>b</sup>	2.1 <sup>a</sup>	19.9 <sup>c</sup>	22.7 <sup>b</sup>
2H LAPS	5.91 <sup>a</sup>	55.5 <sup>bc</sup>	1.4 <sup>a</sup>	1.9 <sup>a</sup>	22.7 <sup>b</sup>	22.5 <sup>ab</sup>
2H ES	5.95 <sup>a</sup>	56.3 <sup>b</sup>	1.3 <sup>b</sup>	1.8 <sup>a</sup>	22.6 <sup>b</sup>	23.3 <sup>ab</sup>
0.75H LAPS	5.94 <sup>a</sup>	53.4 <sup>d</sup>	1.3 <sup>b</sup>	1.4 <sup>c</sup>	33.1 <sup>a</sup>	23.0 <sup>ab</sup>
0.75H ES	5.95 <sup>a</sup>	55.1 <sup>c</sup>	1.2 <sup>b</sup>	1.4 <sup>bc</sup>	33.6 <sup>a</sup>	24.0 <sup>a</sup>
Standard Error	0.01	0.31	0.09	0.13	0.60	0.40

<sup>a-c</sup> Means within a column with the same letter are not significantly different (P>0.05).

<sup>1</sup> LAPS–Low atmosphere pressure stunning, ES–Electrical stunning, H–Hours deboned after slaughter



Table 2

The effects of stunning method and deboning time on the consumer acceptability<sup>2</sup> of appearance, texture and flavor, and overall consumer acceptability of broiler breast meat determined using consumer panels (n=155)

Treatment <sup>1</sup>	Appearance Acceptability	Texture Acceptability	Flavor Acceptability	Overall Acceptability
4H LAPS	7.0 <sup>ab</sup>	7.0 <sup>ab</sup>	7.0 <sup>a</sup>	7.0 <sup>a</sup>
4H ES	7.1 <sup>a</sup>	7.1 <sup>a</sup>	6.9 <sup>ab</sup>	6.9 <sup>ab</sup>
2H LAPS	6.9 <sup>ab</sup>	6.9 <sup>ab</sup>	6.8 <sup>abc</sup>	6.9 <sup>ab</sup>
2H ES	7.1 <sup>ab</sup>	7.0 <sup>ab</sup>	6.8 <sup>abc</sup>	6.9 <sup>ab</sup>
0.75H LAPS	6.8 <sup>b</sup>	6.3 <sup>c</sup>	6.6 <sup>c</sup>	6.5 <sup>c</sup>
0.75H ES	7.0 <sup>ab</sup>	6.7 <sup>b</sup>	6.7 <sup>bc</sup>	6.7 <sup>bc</sup>
Standard Error	0.10	0.11	0.11	0.11

<sup>a-c</sup> Means with in a column with the same letter are not significantly different (P>0.05).

<sup>1</sup> LAPS–Low atmosphere pressure stunning, ES–Electrical stunning, H–Hours deboned after slaughter.

<sup>2</sup> Hedonic scale was based on a 9-point scale (1 = dislike extremely, 5 = neither like nor dislike, and 9 = like extremely).

Table 3

Mean Hedonic Scores<sup>2</sup> for overall consumer acceptability of broiler breast meat with different stunning methods and deboning times according to different clusters of consumer segments

Cluster	Percentage of panelists	4H LAPS	4H ES	2H LAPS	2H ES	0.75H LAPS	0.75H ES
1	7.9	5.0 <sup>bc</sup>	6.2 <sup>a</sup>	5.8 <sup>ab</sup>	4.2 <sup>c</sup>	6.0 <sup>ab</sup>	5.9 <sup>ab</sup>
2	6.7	6.3 <sup>a</sup>	4.5 <sup>b</sup>	4.5 <sup>b</sup>	6.5 <sup>a</sup>	4.9 <sup>b</sup>	6.7 <sup>a</sup>
3	12.8	6.6 <sup>a</sup>	6.4 <sup>a</sup>	5.1 <sup>bc</sup>	6.4 <sup>a</sup>	5.6 <sup>b</sup>	4.5 <sup>c</sup>
4	2.4	7.8 <sup>a</sup>	8.3 <sup>a</sup>	8.3 <sup>a</sup>	5.5 <sup>b</sup>	8.0 <sup>a</sup>	2.5 <sup>c</sup>
5	4.3	7.9 <sup>a</sup>	6.4 <sup>b</sup>	7.9 <sup>a</sup>	8.0 <sup>a</sup>	3.0 <sup>c</sup>	7.0 <sup>b</sup>
6	25.6	6.5 <sup>cd</sup>	6.5 <sup>cd</sup>	7.5 <sup>a</sup>	7.0 <sup>b</sup>	6.9 <sup>bc</sup>	7.0 <sup>b</sup>
7	15.9	7.7 <sup>a</sup>	7.5 <sup>a</sup>	6.8 <sup>b</sup>	6.6 <sup>bc</sup>	6.3 <sup>c</sup>	6.9 <sup>b</sup>
8	24.4	8.0 <sup>a</sup>	8.2 <sup>a</sup>	7.8 <sup>a</sup>	8.1 <sup>a</sup>	7.9 <sup>a</sup>	8.0 <sup>a</sup>

<sup>a-c</sup> Means within a row with the same letter are not significantly different ( $P>0.05$ ).

<sup>1</sup> LAPS–Low atmosphere pressure stunning, ES–Electrical stunning, H–Hours deboned after slaughter.

<sup>2</sup> Hedonic scale was based on a 9-point scale (1 = dislike extremely, 5 = neither like nor dislike, and 9 = like extremely)

Table 4

Mean Hedonic Scores<sup>2</sup> for texture acceptability<sup>3</sup> of broiler breast meat with different stunning methods and deboning times according to different clusters of consumer segments.

Cluster	Percentage of panelists	4H LAPS	4H ES	2H LAPS	2H ES	0.75H LAPS	0.75H ES
1	9.8	5.9 <sup>b</sup>	4.8 <sup>c</sup>	7.1 <sup>a</sup>	6.4 <sup>ab</sup>	7.0 <sup>a</sup>	6.6 <sup>ab</sup>
2	12.8	5.9 <sup>b</sup>	5.9 <sup>b</sup>	5.6 <sup>b</sup>	6.2 <sup>b</sup>	4.0 <sup>c</sup>	7.0 <sup>a</sup>
3	17.1	6.7 <sup>ab</sup>	7.3 <sup>a</sup>	5.6 <sup>c</sup>	6.5 <sup>b</sup>	5.4 <sup>c</sup>	4.3 <sup>d</sup>
4	8.5	7.5 <sup>ab</sup>	6.9 <sup>b</sup>	8.0 <sup>a</sup>	7.9 <sup>a</sup>	4.4 <sup>c</sup>	7.1 <sup>b</sup>
5	18.9	6.8 <sup>bc</sup>	7.7 <sup>a</sup>	7.3 <sup>ab</sup>	5.9 <sup>d</sup>	6.6 <sup>c</sup>	7.3 <sup>ab</sup>
6	32.9	7.9 <sup>ab</sup>	7.7 <sup>bc</sup>	7.6 <sup>bc</sup>	8.1 <sup>a</sup>	7.9 <sup>ab</sup>	7.5 <sup>c</sup>

<sup>a-c</sup> Means within a row with the same letter are not significantly different ( $P > 0.05$ ).

<sup>1</sup> LAPS–Low atmosphere pressure stunning, ES–Electrical stunning, H–Hours deboned after slaughter.

<sup>2</sup> Hedonic scale was based on a 9-point scale (1 = dislike extremely, 5 = neither like nor dislike, and 9 = like extremely).

<sup>3</sup> Texture acceptability refers to tenderness and was defined as how much the product is liked in respect to tenderness.

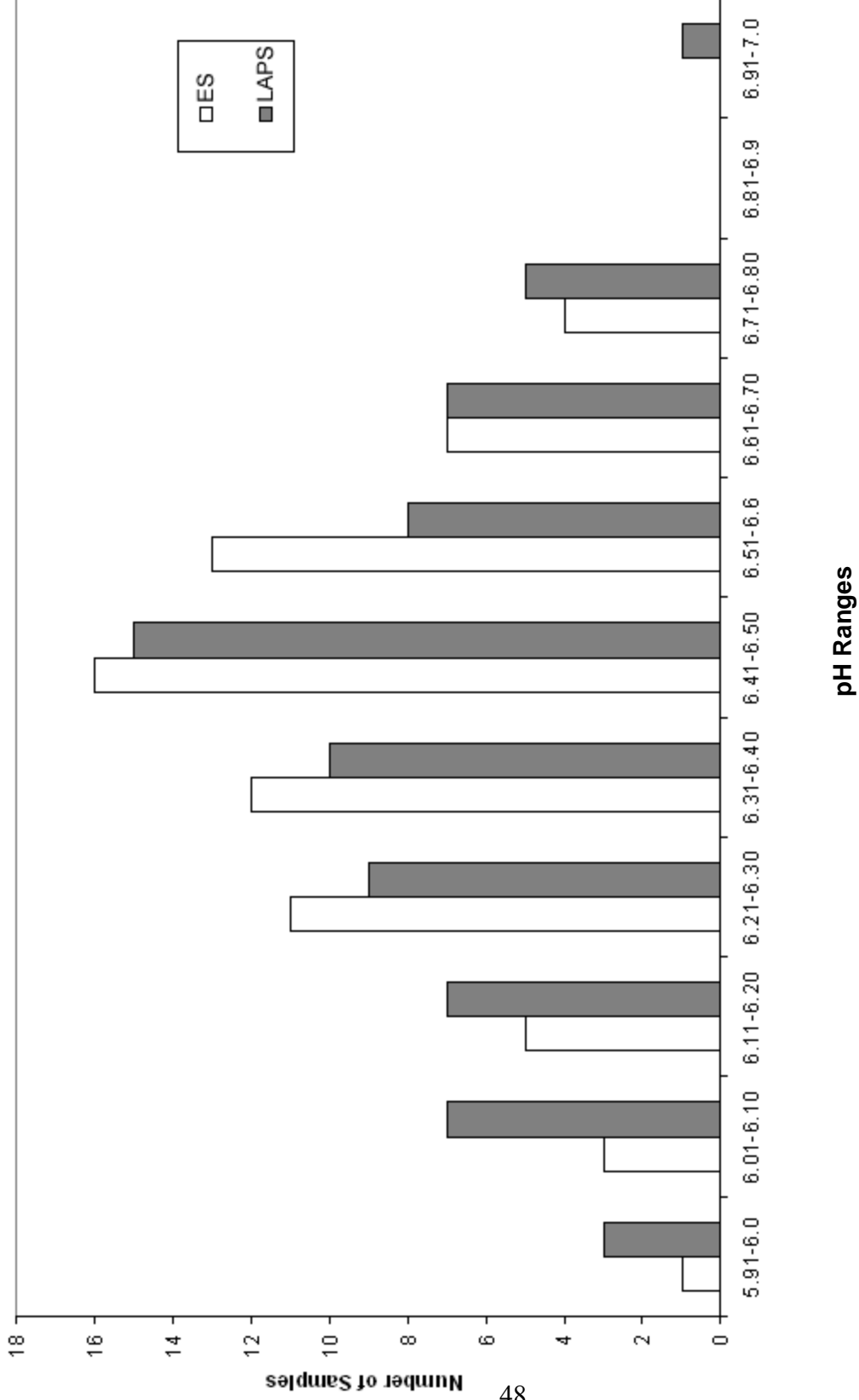


Figure 1: Graph representing the number of samples (n=72) within various pH ranges at 15 min postmortem for breast meat harvested from broilers that were subjected to either electrical stunning(ES) or low atmosphere pressure stunning (LAPS)

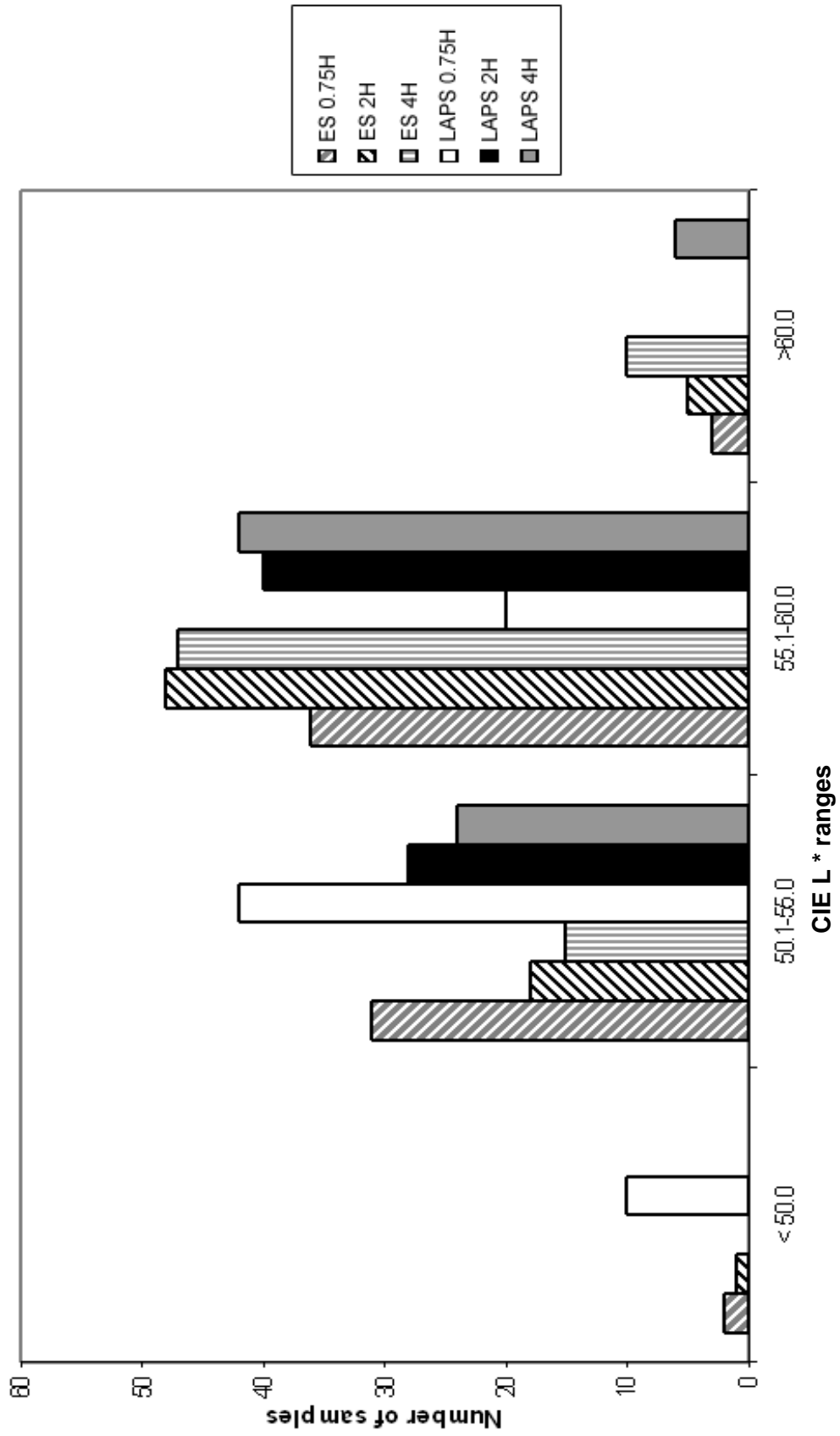


Figure2: Graph representing the number of broiler breast samples (n=72) for each treatment within different ranges for CIE\* L. (ES and LAPS represent Electrical stunning and Low atmosphere pressure stunning. 0.75, 2, and 4 h represent postmortem deboning time)

## CHAPTER V

### SUMMARY AND CONCLUSIONS

In conclusion, minimal quality differences existed among breast meat from electrically and low atmosphere pressure stunned broilers. Deboning at 0.75 h led to decreased tenderness and decreased acceptability in some consumer groups. Results reveal that either stun method should yield high quality breast meat under pristine conditions such as the ones experienced in the study. Further studies need to be performed in which broilers are subjected to stress due to transportation and summer time temperatures that may occur at times in the industrial setting. Additional research should also be performed on the effects of using low atmospheric stunning in large scale poultry processing plants.

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APPENDIX A  
IRB APPROVAL LETTER



April 19, 2007

Vamsidhar Battula  
22d Wallace Circle  
Starkville, Ms 39759

RE: IRB Study #07-103: Effect of Stunning Methods on Chicken Breat Quality

Dear Mr. Battula:

The above referenced project was reviewed and approved via administrative review on 4/18/2007 in accordance with 45 CFR 46.101(b)(6). Continuing review is not necessary for this project. However, any modification to the project must be reviewed and approved by the IRB prior to implementation. Any failure to adhere to the approved protocol could result in suspension or termination of your project. The IRB reserves the right, at anytime during the project period, to observe you and the additional researchers on this project.

Please refer to your IRB number (#07-103) when contacting our office regarding this application.

Thank you for your cooperation and good luck to you in conducting this research project. If you have questions or concerns, please contact me at [cwilliams@research.msstate.edu](mailto:cwilliams@research.msstate.edu) or 325-5220.

Sincerely,

A handwritten signature in cursive script that reads "Christine Williams".

Christine Williams  
IRB Compliance Administrator

cc: Mark Wes Schilling

**Office for Regulatory Compliance**

P. O. Box 6223 • 8A Morgan Street • Mailstop 9563 • Mississippi State, MS 39762 • (662) 325-3294 • FAX (662) 325-8776

APPENDIX B  
CONSENT FORM

CONSENT FORM  
(You Must Be 18 years Old to Participate)

**Title of Study:** Effect of Stunning Methods on Chicken Breast Quality.

**Study Site:** Garrison Sensory Evaluation Laboratory

**Name of Researcher(s) & University affiliation:**

Vamsidhar Battula. Graduate Student. Mississippi State University. Dept. of Food Science, Nutrition and Health Promotion.

Dr. Mark Wes Schilling. Mississippi Stat University. Dept. of Food Science, Nutrition and Health Promotion.

**What is the purpose of this research project?**

To measure and compare consumer acceptability of chicken breast meat that is harvested using different stunning methods.

**How will the research be conducted?**

You will be given samples of product to taste and asked to fill out a questionnaire. After tasting each one, you will be asked to evaluate the products on a score sheet

**Are there any risks or discomforts to me because of my participation?** No.

**Does participation in this research provide any benefits to others or myself?** This research will provide poultry researchers with information that will help improve the quality of the products.

**Will this information be kept confidential?** Yes. Personal information, including your name will not be released. Only the data obtained from the testing will be provided to the contracting companies.

**Who do I contact with research questions?** If you should have any questions about this research project, please feel free to contact Dr. Wes Schilling, 662-325-2666. For additional information regarding your rights as a research subject, please feel free to contact the MSU Regulatory Compliance Office at 662-325-3294.

**What do I do if I am injured at a result of this research?**

In addition to reporting an injury to Dr. Wes Schilling (662-325-2666) and to the Regulatory Compliance Office (662-325-3294), you may be able to obtain limited compensation from the State of Mississippi if the injury was caused by the negligent act of a state employee where the damage is a result of an act for which payment may be made under §11-46-1, et seq. Mississippi Code Annotated 1972. To obtain a claim form, contact the University Police Department at MSU UNIVERSITY POLICE DEPARTMENT, Stone Building, Mississippi State, MS 39762, (662) 325-2121.

**What if I do not want to participate?**

Please understand that your participation is voluntary, your refusal to participate will involve no penalty or loss of benefits to which you are otherwise entitled, and you may discontinue your participation at any time without penalty or loss of benefits.

You will be given a copy of this form for your records.

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Investigator Signature

\_\_\_\_\_  
Date

APPENDIX C  
SCORE SHEET

**Product: Chicken Breast**

**Date:** \_\_\_\_\_

1. Please evaluate one sample at a time going from left to right
2. Evaluate all attributes for each sample before evaluating next sample
3. Please evaluate **OVERALL** last after evaluating the other attributes for each sample
4. Please rinse your mouth before starting.
5. Evaluate the product by looking at it and tasting it

827	449	212	413	760	654	<b>APPEARANCE</b>
						Like extremely
						Like very much
						Like moderately
						Like slightly
						Neither like nor dislike
						Dislike slightly
						Dislike moderately
						Dislike very much
						Dislike extremely

827	449	212	413	760	654	<b>TEXTURE</b>
						Like extremely
						Like very much
						Like moderately
						Like slightly
						Neither like nor dislike
						Dislike slightly
						Dislike moderately
						Dislike very much
						Dislike extremely

827	449	212	413	760	654	<b>FLAVOR</b>
						Like extremely
						Like very much
						Like moderately
						Like slightly
						Neither like nor dislike
						Dislike slightly
						Dislike moderately
						Dislike very much
						Dislike extremely

827	449	212	413	760	654	<b>OVERALL</b>
						Like extremely
						Like very much
						Like moderately
						Like slightly
						Neither like nor dislike
						Dislike slightly
						Dislike moderately
						Dislike very much
						Dislike extremely