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### Vegetable and Fruit Budget Display

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# VEGETABLE AND FRUIT BUDGET FOR ONE PERSON ~ 8 MONTHS

BUDGET OF CANNED VEGETABLES - 1 PERSON FOR 8 MONTHS (56 WEEKS)

	SERVINGS PER WEEK	SERVINGS 8 MONTHS	SERVINGS PER PINT	NUMBER OF PINTS
TOMATOES	2	72	4	18
SAUTED	2	72	4	18
STRAW WALK BEANS	1	56	4	9
KIDNEY CARROTS	1	56	4	9
PEAS CORN	1	56	6	6
		252		40

GREENS - ASPARAGUS CHARD BEET TIPS SPINACH Dandelions

BUDGET OF CANNED FRUITS - 1 PERSON FOR 8 MONTHS (56 WEEKS)

	SERVINGS PER WEEK	SERVINGS 8 MONTHS	SERVINGS PER PINT	NUMBER OF PINTS
APPLES - BERRIES	2	72	6	12
CHERRIES - PLUMS	2	72	6	12
GRAPES - PINEAPPLE	1	56	6	6
PEACHES - PEARS	1	56	6	6
RHUBARB	1	56	6	6
		252		42

TOTAL CANNED FRUITS AND VEGETABLES, 102 PINTS

BUDGET OF STORED VEGETABLES - 1 PERSON FOR 8 MONTHS (56 WEEKS)

	SERVINGS PER WEEK	SERVINGS 8 MONTHS	SERVINGS PER POUND	NUMBER OF POUNDS
SQUASH		10	1.6	11.2
PARSNIPS		10	4	4.5
TURNS - BEETS	2	72	4	18
CARROTS - CABBAGE	1	56	3	7.2
ONIONS	1	56	5	6
CABBAGE	2	72	5	6

BUDGET OF DRIED - FRESH FRUITS - 1 PERSON FOR 8 MONTHS (56 WEEKS)

	SERVINGS PER WEEK	SERVINGS 8 MONTHS	SERVINGS PER POUND	NUMBER OF POUNDS
GRAPES - CUMQUAT	1	56	5	11.2
APPLES	3	168	5	33.6
BANANAS	1	56	5	11.2
PEAS	1	56	10.6	5.6
BUTTER	1	56	10	5.6
AMERICAN	1	56	18	3.3
BACON	1	56	21	2.8
PEACHES	1	56	16	3.5
POULTRY	2	112	16	7.0
		252		77.0

TOTAL FRESH - DRIED FRUITS - 102 POUNDS

